Help us to make life better for carers!
Volunteer roles with Carers UK

Local Awareness Volunteer

The role at a glance...

What is a Local Awareness Volunteer?
A Local Awareness Volunteer helps Carers UK connect with carers and promote awareness of caring by distributing publicity material – such as leaflets and posters – within local communities.

What will you get out of it?
It’s a great opportunity to meet new people, spread the word and have the satisfaction of making a real difference to carers’ lives in the area where you live. You'll also be part of Carers UK’s flagship volunteering programme and we’ll be supporting you all the way.

What’s involved?
• You’ll make contact with community hubs and arrange to put up posters or leave information leaflets. Your local supermarket, library, GP surgery, faith group or gym would be a great starting point! We'll give you more tips on how to get started in your Volunteering Pack.
• You'll identify smaller local charities that support people with long term conditions and supply them with Carers UK publicity materials.
• We also require you to keep us informed about what you've been up to, feed your achievements back to us and let us know where you've been distributing materials.

Interested? Find out how we will support you and how to apply...
Local Awareness Volunteer

How we will support you
We’ll give you all the tools you need to get started – your Volunteering Pack will include a Volunteer Handbook plus tips and guidelines on getting out there for the first time. We’ll also deliver the publicity materials directly to you, as well as cover your travel expenses.

How to apply
You can sign up for this role at carersuk.org/volunteer
We will be in touch within seven working days to discuss your application.
All volunteers must be over 18 years old.
Carers UK offers equal opportunities to everyone who wants to volunteer.
If you have any further questions, please email us at volunteering@carersuk.org

I became a volunteer to make sure carers get the support they desperately need.

Jacqui, Carers UK volunteer (right)

Join our Facebook group
When you volunteer with us you can become a member of our Facebook Volunteer Group, where you’ll get the latest Carers UK volunteering news and campaigns, and you can share your tips and experiences with your fellow volunteers.

Follow us on social media
@carersuk carers_uk
/carersuk Carers UK

About Carers UK
Our mission is to make life better for carers.
We give information, advice and support.
We connect carers so no one has to care alone.
We campaign together for lasting change.
We innovate to find new ways to reach and support carers.

Making life better for carers: carersuk.org