Manchester Carers Network Learning and Development Programme

Glyn Meacher – gaddum
Manchester Carers Network Background

- Manchester Carers Network is managed by gaddum, one of Manchester’s oldest charities, which provides carers support services in Manchester, Bury and Salford.
- gaddum are funded by Manchester City Council to develop and co-ordinate a Network of 21 separate organisations who also receive funding from the City Council to deliver carers support.
Overview of Manchester Carers Network

Manchester City Council

- £ fund members to support carers in Manchester City Council neighbourhoods
- £ fund gaddum to coordinate Manchester Carers Network

Manchester Health & Care Commissioning (MHCC)

- £ fund gaddum and Manchester Carers Network to manage and deliver the carers learning programme

Manchester Carers Network

Carers in Manchester

Members of Manchester Carers Network

- Admiral Nurses (Dementia UK)
- African Caribbean Care Group (ACCGS)
- African Caribbean Mental Health Services (ACMHS)
- Alzheimer's Society
- Career Connect (Targeted Youth Support Service)
- Connect Support
- Gaddum Centre
- Indian Senior Citizens Centre
- Lifted Carers Centre
- LMCP Care Link
- Manchester Carers Centre
- Manchester Carers Forum
- Manchester Jewish Federation
- Manchester Young Carers Group
- Moodswings
- Nessa Well Women
- Stroke Association
- Talbot House
- Together Dementia Support
- Wai Yin Society

Community support

Citizens Advice

GP practices

Social work teams

Hospitals
Background

Manchester Carers Network given a 3 year grant to organise learning and development opportunities for unwaged carers in the City.

- Funding provided from Manchester Health Care Commissioning for the programme for 3 years
- Project Board oversees delivery. Membership - MHCC, City Council, Gaddum, Carers, Network members
- Project Commenced – October 2017
Programme Bid: Over a 3 year period:

- Learning and development opportunities accessed by 6000 carers
- 50% of those opportunities to be taken up by new carers
- Learning opportunities to be a mixture of e-learning and workshop based
- 1-1 support can be delivered from Sessional workers and Carer peer mentors
- External evaluation of the programme is a key element
  ‘We will need to capture what difference enhancing the skills and knowledge that carers have makes’
Progress to Date

- Set up governance systems
- Set up administrative processes for the programme
- Talked to carers about what learning opportunities they would like to be developed
- Identified a number of providers to deliver year 1 training in the following areas:
  - Moving and Handling
  - First Aid
  - Healthy Eating and Cooking skills
  - Health and Wellbeing and Mindfulness
  - Carers resilience and confidence building
  - Legal rights and long term financial planning
Progress to Date

- Signposted carers to training being provided by Network members and community groups in Manchester
- Piloted a number of workshops and training courses
- Tendered for network partners to develop and deliver an Introduction to Caring in Manchester workshop and e-learning programme
- Recruited sessional workers to support carers
What are the priorities for the next 3-6 months.

- Carers UK Digital Resource
- Sessional Worker support for carers
- Peer mentors supporting carers
- Introduction to Caring in Manchester workshops commencing
- Develop a young carers training programme
- Commission new and revised training in the following areas:
  - First Aid workshops
  - Moving and Handling
  - Combined Healthy Eating and Cookery workshop programme
  - Mindfulness
  - Legal rights and finances
  - Health and Wellbeing
  - BAME carers specific training
  - Carer resilience
  - Computer awareness
How do carers find out about the learning opportunities we are developing?

- Communication strategy and action plan been developed in partnership with MHCC
- Carer identification and carer take up has been recognised as one of the key challenges.
  - Website – www.manchestercarersnetwork.org
  - All opportunities advertised on Eventbrite
  - Directory of Learning Opportunities available monthly
  - Facebook
  - Twitter
  - Posters
  - Flyers
  - Videos
Evaluation?

• Network member on Project Board has a lead for evaluation of the programme
• Current evaluation processes concentrating on the capturing of:
  • Carer consent for gaddum to hold information
  • Core carer and cared for characteristics
  • Carer satisfaction with workshop or course attended
• Individual workshop providers commissioned to undertake evaluation of their own courses including capturing of high level health and wellbeing outcomes
• External evaluation of the programme to be commissioned from October 2018
Thank you

Glyn Meacher

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