

Carers Parliament 2019

Evaluation and Equalities

A total of 39 people responded to the evaluation survey for the Carers Parliament. The majority (67%) were adult carers, 5% were young carers and 5% were former carers. The remainder were a mixture of facilitators, stallholders and organisation representatives.

We asked people to rate various elements of the day.

Morning session

- 78% of delegates rated the morning session overall as good or excellent
 - 100% of respondents rated the presentation and film by young carers as good or excellent.
 - 75% rated the contribution by the Minister for Older People and Equalities, Christina McKelvie as good or excellent
 - 71% rated the debate as good or excellent. 62% saying the time set aside for debate was about right.
 - 64% rated the response from the Minister for Public Health, Sport and Wellbeing Joe Fitzpatrick MSP as good or excellent
 - 41% rated the response from the COSLA President Councillor Alison Evison as good or excellent

Afternoon session

- 75% of respondents rated the afternoon session as good or excellent
 - 60% of delegates rated their workshop as good or excellent and the majority (63%) said the time set aside for these was about right.
 - 46% of delegates took part in the engagement zone, 91% visited one of the stalls and 11% made an individual recording with Media Education. Around half (47% said the time set aside for this was about right)
- 85% said that the Chair, Judith Robertson from the Scottish Human Rights Commission was good or excellent.
- 72% said the venue was good or excellent

Equalities and Caring Role of delegates

Age

The majority of carers attending were between 40 and 59 (53%). Just over 5% were 70 or over and 7% aged under 20. It is worth noting that not all young carers registered through the online registration.

- 17 or younger 5.5%
- 18 to 20 1.5%
- 21-29 5.47%
- 30-39 12.50%
- 40-49 23.44%
- 50-59 29.69%
- 60-69 16.41%
- 70-79 4.69%
- 80 or over 0.78%

Gender

The majority of delegates were female (78%) v male (22%).

Ethnicity

The majority of delegates were White (82%), with most describing themselves as White Scottish (67%). 14% said they were White British, English, Welsh or Northern Irish, 3% were Irish and 6% of another white ethnic group (6%).

8% of delegates were from other ethnicities. 4% described themselves as Pakistani/Scottish Pakistan or British Pakistani, 1.5% as Indian/Scottish Indian/British Indian 0.75% as of Mixed Ethnicity and 0.75% as African/Caribbean/Black.

Disability

36% said that they had a disability or long term condition.

Sexuality

The majority of respondents (85%) said they were heterosexual. 5% were lesbian, gay or bisexual (1% gay, 2% lesbian, 3% bisexual).

How many people cared for

The majority cared for 1 person (62%), with a significant proportion (26%) caring for two people. Smaller numbers cared for 2 (8%) or 4 (2%) or five people (2%).

Why the person(s) cared for need help? ?¹

Delegates were asked why the person or people they care for needs help and were given the option to tick more than one box to reflect care for someone with more than one condition. The largest

¹ Note: this will not add up to 100% as carers were able to tick more than one box to reflect all of the people they cared for.

proportion (58%) of care provided was to someone with a long term condition or illness. More than half (54%) provided care to someone with a physical disability and nearly half (49%) to someone with a learning disability. A quarter (25%) provided care because the person had mental ill health and a small number (2%) for someone with drug or alcohol dependency.

One in 5 (19%) provided care to someone who was frail because of old age and 16% to someone with dementia.

Who does the carer care for?²

Delegates were asked who they cared for and this will include those who care for more than one person. The largest proportion (37%) was for a parent or parent in law, closely followed by a child under 18 (32%) and over 18 (28%), spouse or partner (23%). 14% were caring for sibling (6% under 18 and 8% over 18), 4% for a grandparent and 2% for a friend or neighbour.

How long have you cared for?

Delegates were also asked how long they had cared for. The largest proportion had cared for 5-9 years (27%), followed by 20 or more years (24%) and 10-14 years (23%). Thereafter, 13% had cared for between 15 and 20 years, 3% for 1-2 years and 2% for less than a year.

Support to attend

We offer carers assistance to attend the event. The majority requested assistance with travel costs (58%), followed by accommodation (22%) and replacement care (4%). Some of these carers for two or more of these things. 6% required support/assistance on the day itself, the majority of these (55%) needed lift access and support for mobility difficulties, 5% a hearing loop and 5% assistance and support for a visual impairment.

² Note: this will not add up to 100% as carers were able to tick more than one box to reflect all of the people they cared for.