Carers voices

What currently supports you to live well in your community?

- Network of carers – training, planning research
- Community groups
- Myself and family have no support
- Family, friends, great neighbours, work, young carers, good community spirit
- Carers network training and planning
- Fairness – we are all someone’s bairn and nobody should suffer because of someone else’s greed

What is the one thing that you would change that might make a difference?

- Carers to have more say and be listened to as a professional
- More flexible centred approach to carer and cared for
- Support for mental health – have someone else to help
- More things in my community that supports me well
- Better mental health service
- Having a better start at school and college
- That people would care more about each other
- That experts listen to me when I’m talking about my dad – no point in having a ‘what matters to me’ if nobody reads it
- People should show that they care and say they care
- Fairness – let what is in practice be as good as is promised in policy and legislation
- That the reality is the same as the published information
- No support from educational authorities
- No support to stay in school and/or college – no understanding of my circumstances

How should the Third Sector work with you to support, share and/or represent your views locally and nationally

- Groups/National, Third Sector Organisations, e.g. CONTACT, PAMIS, ENQUIRE to have representation locally
- Legislation to ensure changing places bathrooms can be installed in more venues/communities
- National organisations need to join up with local organisations
- Advocacy
- Follow up on things
- Have a conversation and turn it into action
- Be more pro-active in listening and acting to help and support carers
- Help make the schools better and the people getting treated better