

Workplace Champion

Want to make a difference in your workplace and change carers' lives?

The role at a glance...

Q What is a Workplace Champion?

One in seven people in the workplace combine work with caring for someone. Many of them don't know where to turn to for help. As a Workplace Champion you are the vital link between Carers UK and your colleagues. By promoting campaigns and raising awareness in your workplace, you'll be able to signpost those looking for support to the services and expert advice on offer.

Q What will you get out of it?

It's a great opportunity to meet new colleagues, develop your organisational skills, get creative and make a real difference to carers' lives.

Q What's involved?

- By putting up posters and sharing information you'll signpost colleagues who may be caring to our website where they can find support and information.
- You'll publicise our high profile national awareness campaigns such as Carers Week and Carers Rights Day, flag exciting fundraising opportunities, and use your people skills to get your colleagues involved.



The skills you'll need...



- A passion for motivating people and getting them involved.
- An understanding of what makes your workplace tick.
- Knowing the procedures and protocols of your office.
- The ability to think creatively.
- An interest in making life better for carers.

Interested? Find out how we will support you and how to apply...

- You know your office better than we do. We'd love you to come up with ideas for events and activities – from a bake sale to running an information stand or holding a quiz night. Let us know your ideas!

Q How we will support you

As well as your Induction and Volunteer Handbook, you can join our Facebook group for volunteers if you want to, where you can keep up to date with all the latest news and share tips and experiences with your fellow volunteers. You'll also receive our monthly volunteering updates from us by email.

Q How to apply

You can sign up for this role at carersuk.org/volunteer Afterwards, we will be in touch to discuss next steps.

All volunteers must be over 18 years old.

Carers UK offers equal opportunities to everyone who wants to volunteer.

If you have any further questions, please email us at volunteering@carersuk.org

Your time...



This is a flexible role, though we suggest that you offer a **minimum of two hours volunteering a month** depending on our campaigns and events.

Where you'll be volunteering...



In your workplace.



Join us on Facebook!

When you volunteer with us you can become a member of our Facebook Volunteer Group, where you'll get the latest Carers UK Volunteering news and campaigns, and you can share your tips and experiences with your fellow volunteers.

Follow us on social media



@carersuk



carers_uk



/carersuk



Carers UK

About Carers UK

Our mission is to make life better for carers.



We give expert advice, information and support.

We connect carers so no one has to care alone.



We campaign together for lasting change.

We innovate to find new ways to reach and support carers.

